



# Puchar Koziołka 2025 1.etap

Sobota 8.3.2025 Parchatka  
HSMTeam

## WYNIKI ZAWODÓW Z MIĘDZYCZASAMI

Wyniki zawodów z międzyczasami: K10		2.1km		0m 6k					
		1-39	2-50	3-34	4-51	5-36	6-100		
1	Martyna Lewusz UKS Azymut Siedliska	65.49	20.05/4	24.43/4	33.13/2	52.05/1*	59.10/1*	65.06/1*	65.49/1*
2	Oliwia Guziak UKS Azymut Siedliska	69.40	16.12/1*	21.29/2	42.02/4	55.33/3	62.31/2	68.14/2	69.40/2
3	Zuzanna Maluga UKS Azymut Siedliska	73.03	22.09/5	27.19/5	47.39/5	60.13/4	69.03/3	72.23/3	73.03/3
4	Maria Osiaik Osiaik	80.22	17.09/3	22.35/3	39.44/3	61.22/5	69.54/5	78.24/4	80.22/4
5	Lucja Gędziorowska KU AZS WAT Warszawa Warszawa Makuszkaya AZS UMCS Lublin	81.46	16.31/2	20.43/1*	30.09/1*	42.28/2	69.44/4	79.28/5	81.46/5
		NKL-bPK	1316.48/1	/	1305.00/1	67.48/1	1227.55/1	33.03/1	90.55/1
			1316.48/1	/	/	/	/	/	57.52/1

Wyniki zawodów z międzyczasami: K12		2.1km		0m 6k					
		1-39	2-50	3-34	4-51	5-36	6-100		
1	Helena Wigier Team 360 stopni Warszawa	39.24	7.53/1*	10.04/1*	20.19/1*	32.39/1*	35.40/1*	38.51/1*	39.24/1*
2	Wiktoria Plich AZS UMCS Lublin	43.03	13.28/3	15.43/2	23.25/2	34.33/2	39.38/2	42.14/2	43.03/2
3	Wiktoria Wiśniowska UKS Azymut Siedliska	62.34	9.53/2	17.37/3	25.10/3	51.36/3	56.58/3	62.00/3	62.34/3
4	Amelia Herbin UKS Azymut Siedliska	71.30	18.47/4	26.42/4	34.13/4	60.35/4	65.33/4	70.58/4	71.30/4
			18.47/4	7.55/4	7.31/1*	26.22/3	4.58/2	5.25/4	0.32/1*

Wyniki zawodów z międzyczasami: K14		2.6km		0m 8k					
		1-39	2-33	3-49	4-34	5-48	6-51	7-37	8-100
1	Janina Mioduszewska Team 360 stopni Warszawa	29.31	5.33/1*	7.36/1*	10.14/1*	13.57/1*	15.42/1*	21.51/1*	27.30/1*
2	Monika Biszkont UKS Azymut Siedliska	32.59	7.42/8	9.51/4	12.56/3	16.52/2	19.02/2	26.00/2	31.02/2
3	Wiktoria Biszkont UKS Azymut Siedliska	36.26	7.42/8	9.16/2	12.19/2	16.58/3	19.09/3	27.16/3	33.32/3
4	Lena Kosek KOS Azymut Nowy Dwór Mazowiecki	41.42	7.29/6	10.19/5	14.29/5	20.38/4	23.32/4	33.25/4	39.22/4
5	Lena Gromadzka Team 360 stopni Warszawa	43.00	6.52/3	9.39/3	13.32/4	26.16/6	29.00/6	36.42/5	40.59/5
6	Lena Tulpan UKS Azymut Siedliska	48.11	8.55/11	12.19/8	15.52/6	25.40/5	27.57/5	39.23/6	45.41/6
7	Agata Górka UKS Azymut Siedliska	48.14	6.11/2	22.02/13	26.02/12	31.57/10	34.05/10	41.04/7	46.07/7
8	Zuzanna Szarek UKS Azymut Siedliska	51.18	17.35/13	21.46/12	25.28/11	30.12/9	32.17/9	42.28/9	48.45/8
9	Emilia Soltys UKS Azymut Siedliska	52.04	7.36/7	11.35/7	22.29/10	29.06/8	32.04/7	42.09/8	49.08/9
10	Wiktoria Kula UKS Azymut Siedliska	58.51	19.04/14	22.17/14	27.23/13	33.36/13	39.12/13	48.39/11	56.17/10
11	Nina Sendiak UKS Azymut Siedliska	60.11	7.05/5	13.05/9	19.04/8	29.03/8	32.07/8	48.26/10	56.54/11
12	Kinga Jonas UKS Azymut Siedliska	60.24	14.14/12	19.34/11	27.55/14	37.42/14	40.04/14	51.26/12	57.49/12
13	Wiktoria Kycko UKS Azymut Siedliska	65.08	8.25/10	13.22/10	20.09/9	32.49/12	35.34/12	53.15/13	62.21/13
14	Katarzyna Lemieszek AZS UMCS Lublin Nikola Lewusz UKS Azymut Siedliska Magdalena Lemieszek AZS UMCS Lublin	75.09	8.01/9	11.27/6	16.45/7	32.27/11	35.13/11	63.29/14	71.51/14
		NKL-bPK	7.17/1	/	/	/	/	/	/
		NKL-bPK	9.34/1	13.11/1	18.22/1	30.43/1	35.59/1	/	/
			9.34/1	3.37/1	5.11/1	12.21/1	5.16/1	/	73.28/1

Wyniki zawodów z międzyczasami: K16/18		4.5km		0m 9k						
		1-33	2-49	3-44	4-40	5-47	6-35	7-45	8-36	9-100
1	Aleksandra Górka UKS Azymut Siedliska	70.46	8.42/2	15.58/4	22.26/3	34.45/2	41.58/2	54.14/1*	61.48/1*	70.15/1*
2	Olgia Wasilewska UKS OSiR Góra Kalwaria	73.36	7.25/1*	10.58/1*	18.25/1*	28.09/1*	36.33/1*	56.52/2	71.11/2	73.09/2
3	Marta Sierkowska UKS Azymut Siedliska	76.57	9.18/3	13.53/2	22.20/2	37.05/3	47.56/3	60.00/3	69.08/3	74.50/3
4	Kinga Biszkont UKS Azymut Siedliska	83.08	15.25/6	20.02/6	28.41/5	43.04/5	53.52/5	65.48/4	74.47/4	80.46/4
5	Małgorzata Bożek UKS Azymut Siedliska	85.18	9.55/4	14.32/3	27.28/4	37.41/4	45.51/3	68.24/5	75.33/5	82.28/5
6	Paulina Filipek KOS Azymut Nowy Dwór Mazowiecki	116.08	13.10/5	16.39/5	42.27/6	61.43/6	74.25/6	89.18/6	102.12/6	113.07/6
			13.10/5	3.29/1*	25.48/6	19.16/6	12.42/6	14.53/4	12.54/6	10.55/6

Wyniki zawodów z międzyczasami: K20/21		5.7km		0m 13k							
		1-50	2-44	3-41	4-40	5-38	6-43	7-42	8-47	9-33	10-48
1	Izabela Grodzicka AZS UMCS Lublin	64.55	6.51/4	14.15/2	20.17/1*	22.37/1*	32.48/1*	36.03/1*	39.39/1*	44.10/1*	48.18/1*
2	Marta Kasprzyk UKS OSiR Góra Kalwaria	70.46	5.51/1*	14.07/1*	21.04/2	24.34/2	34.06/2	41.10/2	44.20/3	50.29/3	54.14/3
3	Monika Bazyluk AZS UMCS Lublin	73.50	6.20/3	14.42/3	23.07/3	25.42/3	35.45/3	41.11/3	44.16/2	48.45/2	53.13/2
4	Anna Górnicka-Antonowicz Team 360 stopni Warszawa	73.51	8.14/6	17.01/5	23.43/5	26.46/5	36.50/4	41.20/4	47.04/4	53.26/4	57.09/4
5	Paulina Dzwonkowska UKS OSiR Góra Kalwaria	84.12	7.23/5	17.31/6	26.16/6	30.04/6	42.19/6	47.05/5	50.41/5	56.13/5	61.36/5
6	Dominika Poblowska Indywidualnie	96.08	5.55/2	15.43/4	23.18/4	26.06/4	37.11/5	57.17/6	64.30/6	71.21/6	76.02/6
			5.13/4	7.57/6	1.39/4	0.31/5					

Wyniki zawodów z międzyczasami: K35/40		4.9km		0m 11k							
		1-33	2-47	3-43	4-42	5-40	6-41	7-44	8-48	9-45	10-37
1	Malwina Drągowska OK! Sport Warszawa	56.56	6.53/1*	11.35/1*	17.47/1*	20.30/1*	27.28/1*	30.29/1*	38.16/1*	43.15/1*	47.41/1*
2	Ilona Śliwczynska Team 360 stopni Warszawa	64.01	8.11/2	13.28/2	20.19/2	23.17/2	32.16/2	35.01/2	43.48/2	48.59/2	54.16/2
3	Barbara Gromek Wolny elektron	66.19	9.01/5	15.58/4	21.26/4	24.38/4	34.10/4	37.38/5	45.34/3	52.00/5	56.47/3
4	Agnieszka Wintrowicz Team 360 stopni Warszawa	67.35	8.20/3	15.47/5	23.09/5	26.36/5	34.29/5	37.09/4	45.44/5	51.25/3	57.35/4
			8.20/3	7.27/5	7.22/4	3.27/5	7.53/2	2.40/1*	8.35/3	5.41/3	6.10/6





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## WYNIKI ZAWODÓW Z MIĘDZYCZASAMI

		NKL - bPK														
Daniel Szuwała AZS UMCS Lublin		/	/	/	/	/	/	/	/	/	/	/	/	/	/	
		/	13.42/	3.40/	11.02/	7.44/	11.34/	/	/	/	/	/	/	/	/	
		/	/	/	/	/	/	/	/	/	/	/	/	/	/	
<b>Wyniki zawodów z międzyczasami: M20/21 7.6km 0m 15k</b>																
		1-50	2-49	3-48	4-44	5-33	6-38	7-40	8-41	9-42	10-43					
		11-44	12-35	13-45	14-37	15-100										
1	Valery Marchuk UNTS Warszawa	69.34	3.54/1*	5.46/1*	8.12/1*	13.13/1*	18.06/1*	27.25/1*	34.12/1*	35.50/1*	41.04/1*	43.34/1*				
		3.54/1*	1.52/2	2.26/1*	5.01/4	4.53/3	9.19/1*	6.47/1*	1.38/1*	5.14/1*	2.30/1*					
		52.20/1*	58.26/1*	63.01/1*	67.44/1*	69.05/1*	69.34/1*									
		8.46/1*	6.06/7*	4.35/1*	4.43/1*	1.21/4	0.29/4									
2	Kacper Podworski UKS OSiR Góra Kalwaria	75.27	4.30/2	6.49/5	9.51/4	14.40/3	19.21/3	29.29/2	37.14/2	39.42/2	45.30/2	48.16/2				
		4.30/2	2.19/5	3.02/3	4.49/2	4.41/2	10.08/3	7.45/2	2.28/7	5.48/4	2.46/5					
		57.32/2	63.10/2	68.20/2	73.52/2	75.00/2	75.27/2									
		9.16/2	5.38/5	5.10/5	5.32/4	1.08/1*	0.27/2									
3	Edward Kożyczkowski UKS Siódemka Rumią	76.46	4.50/5	6.46/4	9.31/2	14.17/2	18.57/2	30.39/3	38.53/4	40.38/3	47.55/4	50.27/4				
		4.50/5	1.56/3	2.45/2	4.46/1*	4.40/1*	11.42/5	8.14/4	1.45/2	7.17/7	2.32/2					
		60.19/4	65.05/4	69.54/4	75.02/3	76.15/3	76.46/3									
		9.52/4	4.46/2	4.49/2	5.08/2	1.13/2	0.31/5									
4	Aleksander Obernikhin Team 360 stopni Warszawa	77.29	4.39/4	6.30/2	9.38/3	15.04/5	20.19/5	30.52/4	38.43/3	40.52/4	46.33/3	49.42/3				
		4.39/4	1.51/1*	3.08/4	5.26/5	5.15/6	10.33/4	7.51/3	2.09/5	5.41/3	3.09/6					
		59.50/3	64.38/3	69.45/3	75.27/4	77.01/4	77.29/4									
		10.08/5	4.48/3	5.07/3	5.42/5	1.34/5	0.28/3									
5	Mateusz Mióduszecki Team 360 stopni Warszawa	79.54	4.37/3	6.34/3	9.57/5	14.56/4	19.58/4	33.48/5	42.18/5	44.10/5	51.14/5	53.53/5				
		4.37/3	1.57/4	3.23/5	4.59/3	5.02/5	13.50/6	8.30/5	1.52/3	7.04/6	2.39/4					
		63.43/5	67.44/5	72.54/5	78.04/5	79.19/5	79.54/5									
		9.50/3	4.01/1*	5.08/4	5.12/3	1.15/3	0.35/7									
6	Norman Szymański UKS Falenica Warszawa	87.16	7.42/9	11.20/8	14.43/7	20.30/7	25.31/6	35.37/6	44.48/6	48.36/6	54.04/6	56.40/6				
		7.42/9	3.38/8	3.23/5	5.47/6	5.01/4	10.06/2	9.11/6	3.48/10	5.28/2	2.36/3					
		67.46/6	73.15/6	79.02/6	85.17/6	86.52/6	87.16/6									
		11.06/6	5.29/4	5.47/6	6.15/6	1.35/6	0.24/1*									
7	Maksym Myronenko UKS Azymut Siedliska	111.58	5.09/6	8.47/6	13.17/6	19.57/6	26.42/7	40.37/7	52.00/7	54.27/7	67.25/7	70.40/7				
		5.09/6	3.38/8	4.30/8	6.40/7	6.45/7	13.55/7	11.23/7	2.27/6	12.58/10	3.15/7					
		84.48/7	90.36/7	101.26/7	109.34/7	111.21/7	111.58/7									
		14.08/7	5.48/6	10.50/9	8.08/8	1.47/8	0.37/9									
8	Adrian Wrzos 2LBOT	112.16	8.49/10	12.08/9	15.54/8	27.08/9	33.54/8	47.53/8	60.27/8	62.21/8	69.10/8	72.42/8				
		8.49/10	3.19/7	3.46/7	11.14/10	6.46/8	13.59/8	12.34/9	1.54/4	6.49/5	3.32/9					
		86.59/8	94.55/8	102.19/8	110.09/8	111.45/8	112.16/8									
		14.17/8	7.56/10	7.24/7	7.50/7	1.36/7	0.31/5									
9	Adam Szymański UKS Falenica Warszawa	130.03	6.32/7	9.32/7	18.11/9	25.43/8	34.54/9	50.54/9	63.16/9	66.50/9	78.32/9	81.52/9				
		6.32/7	3.00/6	8.39/10	7.32/8	9.11/10	16.00/9	12.22/8	3.34/9	11.42/9	3.20/8					
		98.20/9	105.49/9	118.16/9	127.32/9	129.28/9	130.03/9									
		16.28/10	7.29/9	12.27/10	9.16/9	1.58/9	0.35/7									
10	Błażej Cisak 2LBOT	156.17	7.24/8	37.46/10	44.47/10	53.21/10	62.26/10	80.50/10	94.56/10	97.50/10	106.21/10	110.24/10				
		7.24/8	30.22/10	7.01/9	8.34/9	9.05/9	18.24/10	14.06/10	2.54/8	8.31/8	4.03/10					
		126.33/10	133.27/10	141.50/10	152.42/10	155.16/10	156.17/10									
		16.09/9	6.54/8	8.23/8	10.52/10	2.34/10	1.01/10									
Michał Frydrych 2LBOT		NKL - bPK	24.02/	27.17/	30.47/	43.25/	50.13/	64.48/	/	/	/	/				
		/	3.15/	3.30/	12.38/	6.48/	14.35/	/	/	/	/	/				
		/	103.09/	116.01/	125.24/	127.27/	128.13/									
		/	/	12.52/	9.23/	2.03/	0.46/									

<b>Wyniki zawodów z międzyczasami: M35/40 5.7km 0m 13k</b>																
		1-50	2-44	3-41	4-40	5-38	6-43	7-42	8-47	9-33	10-48					
		11-45	12-37	13-100												
1	Paweł Krzemieński KU AZS WAT Warszawa	61.26	5.11/3	13.08/4	19.24/4	21.50/4	30.54/2	34.44/2	37.29/2	41.40/1*	45.26/2	49.08/1*				
		5.11/3	7.57/5	8.16/1*	2.26/2	9.04/2	3.50/3	2.45/2	4.11/1*	3.46/2	3.42/1*					
		53.12/1*	59.13/1*	60.50/1*	61.26/1*	0.36/10										
		4.04/2	6.01/1*	1.37/6	0.36/10											
2	Uładzimir Makouski AZS UMCS Lublin	62.42	4.18/1*	10.39/1*	17.03/1*	19.55/1*	28.13/1*	32.21/1*	35.30/1*	41.42/2	45.23/1*	49.41/2				
		4.18/1*	6.21/1*	6.24/3	2.52/7	8.18/1*	4.08/4	3.09/4	6.12/7	3.41/1*	4.18/3					
		54.00/2	60.41/2	62.12/2	62.42/2	0.30/6										
		4.19/3	6.41/3	1.31/2	0.30/6											
3	Bartłomiej Deptuś UKS Azymut Siedliska	64.28	5.11/3	12.26/3	19.04/3	21.28/3	31.17/4	35.02/3	37.37/3	41.55/3	45.52/3	50.02/3				
		5.11/3	7.15/2	6.38/4	2.24/1*	9.49/6	3.45/1*	2.35/1*	4.18/2	3.57/3	4.10/2					
		55.06/3	61.36/3	64.03/3	64.28/3	0.25/1*										
		5.04/7	6.30/2	2.27/10	0.25/1*											
4	Konrad Lemieszek AZS UMCS Lublin	69.31	4.39/2	12.20/2	18.40/2	21.25/2	31.06/3	35.14/4	38.29/4	43.27/4	47.42/4	52.27/4				
		4.39/2	7.41/4	6.20/2	2.45/6	9.41/5	4.08/4	3.15/5	4.58/5	4.15/5	4.45/5					
		60.30/4	67.30/4	69.02/4	69.31/4	0.29/5										
		8.03/9	7.00/4	1.32/3	0.29/5											
5	Piotr Dragowski OK! Sport Warszawa	75.05	6.07/5	14.24/5	23.55/5	27.19/5	38.12/5	43.14/5	46.47/5	51.44/5	56.30/5	61.07/5				
		6.07/5	8.17/6	9.29/7	3.26/8	10.53/8	5.02/6	3.33/6	4.57/4	4.46/6	4.37/4					
		65.53/5	73.13/5	74.34/5	75.05/5	0.31/7										
		4.46/6	7.20/5	1.21/1*	0.31/7											
6	Paweł Belka 2LBOT	80.19	9.00/7	19.13/7	26.17/7	28.59/6	38.58/6	44.38/6	47.34/6	52.35/6	58.32/6	64.23/6				
		9.00/7	10.13/8	7.04/5	2.42/5	9.59/7	5.40/7	2.56/3	5.01/6	5.57/10	5.51/9					
		69.28/6	78.19/6	79.52/6	80.19/6	0.27/3										
		5.05/8	8.51/8	1.33/4	0.27/3											
7	Krzysztof Czarnecki Czarny Koziołek	87.17	9.34/8	16.59/6	25.07/6	29.04/7	42.50/7	46.36/7	54.46/7	59.42/7	63.46/7	68.50/7				
		9.34/8	7.25/3	8.08/6	3.57/10	13.46/10	3.46/2	8.10/11	4.56/3	4.04/4	5.04/6					
		72.19/7	85.06/7	86.46/7	87.17/7	0.31/7										
		3.29/1*	12.47/10	1.40/8	0.31/7											
8	Piotr Zgoda Klino Skróty Radom	106.12	8.24/6	19.48/8	30.07/8	34.02/8	46.23/8	56.44/9	61.23/9	67.49/8	73.38/8	80.10/8				
		8.24/6	11.24/10	10.19/8	3.55/9	12.21/9	10.21/11	4.39/9	6.26/8	5.49/9	6.32/10					
		91.53/8	103.24/8	105.38/8	106.12/8	0.34/9										
		11.43/11	11.43/9	1.04/9	0.34/9											
9	Tomasz Bodziarczyk 2LBOT	109.57	9.57/9	20.07/9	34.48/9	37.20/9	46.58/9	54.06/8	57.56/8	84.27/9	89.33/9	95.01/9				
		9.57/9	10.10/7	14.41/11	2.32/3	9.38/3	7.08/8	3.50/8	26.31/11	5.06/8	5.28/7					
		99.21/9	107.54/9	109.29/9	109.57/9	0.28/4										
		4.20/4	8.33/7	1.35/5	0.28/4											
10	Andrzej Psiuk 2LBOT	121.57	21.55/11	32.11/11	46.51/11	49.24/11	59.02/10	66.16/10	69.59/10	96.25/11	101.29/11	107.05/10				
		21.55/11	10.16/9	14.40/10	2.33/4	9.38/3	7.14/9	3.43/7	26.26/10	5.04/7	5.36/8					
		111.25/10	119.53/10	121.31/10	121.57/10	0.26/2										
		4.20/4	8.28/6	1.38/7	0.26/2											
11	Konrad Modliński Indywid dualnie	143.25	11.08/10	29.49/10	41.20/10	47.54/10	65.58/11	75.43/11	82.38/11	89.39/10	97.20/10	111.24/11				
		11.08/10	18.41/11	11.31/9	6.34/11	18.04/11	9.45/10	6.55/10	7.01/9	7.41/11	14.04/11					
		122.31/11	138.28/11	142.34/11	143.25/11	0.51/11										
		11.07/10	15.57/11	4.06/11	0.51/11											
Maciej Gędziorowski KU AZS WAT Warszawa		NKL - bPK	/	/	/	/	/	/	/	/	/	/				
		/	/	/	/	/	/	/	/	/	/	/				
		/	/	/	-40.42/	/	/	/	/	/	/	/				
Łukasz Maćkowiak Marki		NKL - bPK	/	/	88.45/	81.31/	/	52.59/	59.03/	36.16/	21.39/	135.27/				
		/	/	/	/	/	/	/	6.04/	/	/	113.48/				
		143.48/	/	159.37/	160.51/	/	/	/	/	/	/	/				
		8.21/	/	/	1.14/	/	/	/	/	/	/	/				

<b>Wyniki zawodów z międzyczasami: M45/50 5.4km 0m 12k</b>																
		1-50	2-42	3-43	4-47	5-41	6-44	7-33	8-48	9-35						



# Puchar Koziółka 2025 1.etap

Sobota 8.3.2025 Parchatka

HSMTeam

WYNIKI ZAWODÓW Z MIEDZYCZASAMI

4	Przemysław Szczygielski Team 360 stopni Warszawa	63.30	5.48/5 5.48/5 61.50/4	14.15/3 8.27/2 63.06/4	17.17/3 3.02/8 63.30/4	22.08/3 4.51/2	27.52/4 5.44/10	35.17/3 7.25/3	40.55/3 5.38/3	47.18/4 6.23/14	50.10/4 2.52/3	57.06/4 6.56/7
5	Bartosz Niebielski UKS Falenica Warszawa	71.24	8.19/9 8.19/9 68.38/5	18.35/9 10.16/10 70.58/5	21.33/9 2.58/7 71.24/5	27.10/8 5.37/7	32.12/8 5.02/7	39.55/6 7.43/7	48.03/7 8.08/15	52.42/6 4.39/7	56.27/6 3.45/8	63.21/5 6.54/6
6	Piotr Wiczeorek Team 360 stopni Warszawa	73.32	10.11/12 10.11/12 71.24/6	20.59/10 10.48/12 73.06/6	24.11/10 3.12/11 73.32/6	30.41/10 6.30/12	36.14/10 5.33/9	43.46/9 7.32/4	50.20/9 6.34/9	55.00/8 4.40/8	59.28/9 4.28/13	65.15/6 5.47/3
7	Robert Filipek KOS Azymut Nowy Dwór Mazowiecki	74.59	5.40/4 5.40/4 72.29/7	15.23/5 9.43/6 74.18/7	21.17/8 5.54/16 74.59/7	27.26/9 6.09/10	32.40/9 5.14/8	40.21/7 7.41/5	48.02/6 7.41/13	55.15/9 7.13/16	59.08/8 3.53/10	67.08/7 8.00/9
8	Tomasz Jagi UKS Azymut Siedliska	75.51	6.11/8 6.11/8 73.50/9	16.07/6 9.56/8 75.22/8	18.46/5 2.39/3 75.51/8	24.49/5 6.03/9	31.14/6 6.25/13	39.13/5 7.59/9	45.35/5 6.22/7	50.04/5 4.29/6	55.44/5 5.40/15	68.47/9 13.03/16
9	Piotr Dobrowolski AZS UMCS Lublin	75.57	6.00/6 6.00/6 73.39/8	16.20/7 10.20/11 75.28/9	19.25/6 3.05/10 75.57/9	25.42/6 6.17/11	31.53/7 6.11/12	42.21/8 10.28/14	49.32/8 7.11/11	54.29/7 4.57/9	58.11/7 3.42/6	68.32/8 10.11/14
10	Marcin Kowalczyk Team 360 stopni Warszawa	78.39	18.10/15 18.10/15 76.06/10	27.11/15 9.01/3 78.07/11	29.58/15 2.47/5 78.39/10	35.22/13 5.24/4	41.15/13 5.53/11	49.14/12 7.59/9	56.15/12 7.01/10	60.35/12 4.20/4	64.45/12 4.10/11	71.11/11 6.26/5
11	Dariusz Rzosniński Indywidualnie	78.40	6.00/6 6.00/6 76.24/11	17.55/8 11.55/14 78.05/10	20.59/7 3.04/9 78.40/11	26.34/7 5.35/6	30.54/5 4.20/3	46.18/10 15.24/16	52.46/10 6.28/8	57.45/10 4.59/10	61.27/10 3.42/6	70.47/10 9.20/12
12	Piotr Szuwarą AZS UMCS Lublin	81.40	23.39/16 23.39/16 79.08/12	33.24/16 9.45/7 80.58/12	36.12/16 2.48/6 81.40/12	41.56/16 5.44/8	46.41/16 4.45/6	54.22/15 7.41/5	60.21/15 5.59/5	64.39/14 4.18/3	67.54/14 3.15/5	73.56/13 6.02/4
13	Krzysztof Kubak biegusiem.pl Ryki	83.01	11.08/14 11.08/14 80.10/13	21.15/11 10.07/9 82.29/13	24.30/11 3.15/12 83.01/13	31.28/11 6.58/13	38.22/11 6.54/15	47.07/11 8.45/12	54.26/11 7.19/12	59.27/11 5.01/11	64.44/11 5.17/14	73.32/12 8.48/10
14	Zbigniew Wrzosek Indywidualny Mazowsze	88.13	9.29/11 9.29/11 85.50/14	23.01/13 13.32/15 87.39/14	27.00/14 3.59/15 87.39/14	39.51/15 12.51/16	44.21/15 4.30/4	52.18/14 7.57/8	58.20/13 6.02/6	64.34/13 6.14/13	67.42/13 3.08/4	79.24/14 11.42/15
15	Marcin Wigier Team 360 stopni Warszawa	93.28	9.02/10 9.02/10 90.10/15	23.11/14 14.09/16 92.56/15	26.34/13 3.23/13 93.28/15	36.31/14 9.57/15	44.16/14 7.45/16	54.52/16 10.36/15	63.19/16 8.27/16	69.00/16 5.41/12	73.15/15 4.15/12	82.41/15 9.26/13
16	Bartłomiej Krasuski Team 360 stopni Warszawa	103.24	10.43/13 10.43/13 99.23/16	22.30/12 11.47/13 102.25/16	25.58/12 3.28/14 103.24/16	33.52/12 7.54/14	40.41/12 6.49/14	51.04/13 10.23/13	59.06/14 8.02/14	65.44/15 6.38/15	82.06/16 16.22/16	90.56/16 8.50/11

Wyniki zawodów z międzyczasami: M55/60/65 4.9km 0m 11k

		1-33	2-47	3-43	4-42	5-40	6-41	7-44	8-48	9-45	10-37	
1	Tomasz Michałak UNTS Warszawa	61.26	6.26/1*	10.37/1*	23.03/3	26.11/3	32.41/3	35.05/3	42.44/3	47.56/2	51.53/1*	59.21/1*
2	Piotr Młynarczyk UKS Orientuś Łódź	61.54	9.27/6	14.20/4	20.52/2	23.51/2	31.34/2	34.06/2	42.04/2	47.54/1*	53.10/3	59.54/2
3	Robert Dragowski OK! Sport Warszawa	62.26	7.52/2	12.40/2	20.49/1*	23.47/1*	31.02/1*	33.28/1*	41.59/1*	48.11/3	52.40/2	60.14/3
4	Ryszard Chachurski KU AZS WAT Warszawa	69.02	8.20/3	14.19/3	23.20/4	26.13/4	34.12/4	36.48/4	46.28/4	51.53/4	58.47/4	66.19/4
5	Janusz Walachowski KOS Azymut Nowy Dwór Mazowiecki	77.19	9.05/5	16.13/5	24.39/5	28.07/5	37.53/5	41.03/5	51.39/5	58.13/5	64.02/5	73.54/5
6	Andrzej Lewczuk AZS UMCS Lublin	82.23	13.38/7	20.05/6	28.52/6	32.42/6	41.55/6	45.23/6	56.22/6	63.03/6	69.48/6	79.02/6
7	Piotr Wierciński MKS Metalowiec Łódź	91.37	9.03/4	21.15/7	29.53/7	33.38/7	46.13/7	50.15/7	63.13/7	70.40/7	78.07/7	88.37/7

Wyniki zawodów z międzyczasami: M70+ 2.6km 0m 8k

		1-39	2-33	3-49	4-34	5-48	6-51	7-37	8-100
1	Andrzej Jacek UKS Azymut Siedliska	48.30	10.09/2	14.07/2	19.11/2	22.54/1*	24.45/1*	33.16/1*	46.07/1*
2	Józef Kmiecinski KOS Azymut Nowy Dwór Mazowiecki	51.40	7.22/1*	10.32/1*	15.29/1*	23.12/2	26.19/2	36.10/2	48.17/2
3	Janusz Olbrycht Indywidualny Mazowsze	58.58	15.41/3	21.38/3	27.08/3	35.22/3	38.32/3	48.25/3	54.57/3

Wyniki zawodów z międzyczasami: OPEN 3.0km 0m 9k

		1-39	2-50	3-33	4-44	5-48	6-34	7-51	8-36	9-100
1	Tomasz Oleszczuk 19NBOT	39.08	6.15/2	8.31/2	12.25/4	19.37/2	24.23/1*	25.43/1*	31.34/1*	35.24/1*
2	Mikołaj Wasilewski UKS OSiR Góra Kalwaria	41.09	5.58/1*	7.25/1*	9.40/1*	17.36/1*	25.20/2	27.39/2	35.17/2	38.49/2
3	Jerzy Antonowicz Team 360 stopni Warszawa	44.59	6.29/3	8.40/3	11.05/2	19.55/3	28.05/4	30.11/4	37.36/3	40.56/3
4	Przemysław Kalbarczyk Pulawy	46.46	7.12/4	9.04/4	11.16/3	21.22/4	27.40/3	29.33/3	40.30/4	44.06/4
5	Magdalena Chachurska KU AZS WAT Warszawa	61.41	9.32/5	11.55/5	15.05/5	27.39/5	35.57/5	38.20/5	52.09/5	56.38/5
6	Sofia Niemińska UKS Azymut Siedliska	72.44	17.00/8	19.22/8	22.42/7	35.48/6	43.42/6	46.00/6	63.14/6	67.23/6
7	Agata Malczewska Klino Skróty Radom	78.06	14.50/7	18.25/7	21.40/6	38.33/7	51.38/7	54.55/7	67.13/7	71.47/7
8	Dorota Chwiejczak Team 360 stopni Warszawa	83.02	10.41/6	13.27/6	23.07/8	42.53/8	53.45/8	58.03/8	72.37/8	76.56/8